[PLEDGE OF ALLEGIANCE]

Unleashed 1.29.19 Season 10 Episode 75 Total 776

NATPOP And ... on Friday, you will have a chance to preview any course you want ... before you register for next year's class.

NATPOP Also, there is a workshop for juniors who are planning to take the SAT or ACT test in the spring.

I'm TABITHA BLAND..

And I'm EMILY GASTON ...

Today is January 29th...

And UNLEASHED begins... NOW.

[INTRO_NEWS_AP TEST]

Good morning Wildcats. If you are taking an AP test, the deadline to pay for your test is Friday.

Students who do not log in to the Total registration website and order their test, will not be allowed to take the test in May.

And the front office staff is asking that you stop by the lost and found this week.

If you are missing a jacket, PE clothes, or water bottle, check out the lost and found in the front office. They will donate all items on Friday, after school.

[NEWS_CLUB RUSH]

Spring club rush is February 14th and if you are a new or pre-existing club, you need to apply to participate in the event. Applications are available this week in the student store. Pick one up, and return it by Friday. Again, the spring club rush application deadline is Friday.

[NEWS_NEW AP COURSE]

And ... AP Language Arts teacher, Patrick Gale, is offering a new AP course next year. The class is titled, AP Seminar.

Mr. Gale will preview the new course on Wednesday and Thursday, in room J-13, at lunch. In AP Seminar, students investigate real-world issues from multiple perspectives, engage in cross-curricular conversations, and analyze different perspectives. If you are interesting in learning more about the new AP Course, stop by the meeting on Wednesday or Thursday.

[NEWS_WILDCAT CAFE]

The next Wildcat Cafe is Thursday, February 7th, and student chefs are celebrating the Chinese New Year. The meal includes Chicken Chow Mein, Baked Pork Buns, Chicken, and a Custard Tart for dessert. Tickets are only 5-dollars and are on sale in room F-9. The last day to buy a ticket is Friday.

[NEWS_COURSE PREVIEW DAY]

And ... Juniors, if you are interested in becoming a senior mentor for the 2019 Fall semester, please stop by room D-3 to pick up an application from Mrs. Main. Applications are also available on course preview day. The deadline to submit an applications is February 22nd. And don't forget that Course preview day is Friday.

NATPOP From electives like ceramics, art, and culinary, course preview day gives you the chance to visit the classes you want to take next year. Here is not is works, Freshmen, sophomores, and juniors will report to their period one class on Friday, and receive their schedule. Seniors don't have to come to school until 9:30. Again, the event is Friday.

[NEWS_COURSE PREVIEW]

As you just heard, Course Preview Day is Friday. Let's send it over to reporter Brooke Schaefer who is with assistant principal Jennifer Hanks to tell us more about the event. Brooke...

[NEWS_FEATURE PACKAGE]

Junior Ashley Ancker had surgery in last January, to fix her scoliosis. Scoliosis is the curvature of the spine to the right or left. Reporter Leah Deutch and photographer Marisa Romero went to see how help from her loved ones, has encouraged her bounce back after surgery.

[NEWS_FEATURE PACKAGE_OUT]

Ashley gets X-Rays often and has checkups in order to make sure her recovery is going as planned. Along with dance and helping out with cheer, she also participates in field events on the track team. She competes in the High Jump.

Comment about the TOPIC from package...

[INTRO TO THE WORD]

Now ... along with the many hours athletes dedicate to their sport during the week, some programs require time spent over the weekend.

And for the dance team, they spent their weekend volunteering to teach kids at a dance clinic... Here's JULIA RUCCIONE with more in your... "Word round Campus."

UP FIRST, Whitney Dance SHARED THIS ON ... INSTAGRAM WITH THE HASHTAG WHSUNLEASHED.

In this picture you can see Junior Savannah Sorenson at the winter Dance Clinic along with 2 campers last weekend. They had at total of 75 campers attend the Clinic and got to teach these future Wildcats both technique and dance routines. The dance team said they had fun working with the kids and can't wait to do it again at their week long summer camp in June.

AND THIS WEEK WE ASKED YOU to tell us how you have changed over the past 10 years USING THE HASHTAG WHSUNLEASHED.

Junior Reese Philips said that over the past 10 years she has changed a lot, but her friendship with junior Emily Pontes ... has stayed the same. In the first picture you can see Reece and Emily back in 2008 and in the second photo they are 10 years older heading off to homecoming together. Emily says she doesn't know what she would do without Reece by her side through all of life's changes.

NOW, we went on twitter to find out WHAT'S TRENDING...and would you put all of your trust in this rope?

NATPOP WAIT FOR WHITE FLASH The Corona Arch is a sandstone 110 foot tall arch at a national park in Grand County, Utah. It is designed with a bungee rope attached under the arch. It is considered the "World's Largest Rope Swing". Over 27 million people have seen videos of this swing and were warned that a rope this small around your waist can be dangerous.

Even though this woman's jump was successful, some have not been as lucky, and the state of Utah banned the daring activity from the public.

Comment about the WORD...

Comment about the WORD ... Thank you MIKAYLA.

Now, if you are interested in how the government works ... there is a workshop coming up that you don't want to miss.

We'll let you know how you can sign up ... right after the break.

WELCOME BACK ... and thank you Maggie Brody and Julia Ruccione for that PSA.

The California Girls State organization is looking for junior, female, students to apply to be a delegate at this year's workshop.

Girls State is a fast-paced week of activities geared toward a better understanding of the government and developing leadership skills.

Applications are due on February 8th.

[CAREER_BOYS STATE]

And ... The California Boys State organization is looking for students for their workshop.

NO NATPOP Boys State is a week of activities geared toward a better understanding of the government and you will develop leadership skills. You must be a male and a junior to apply. See Mrs. Randazzo in the career center for more information. Applications are due on February 7th.

[CAREER_SAT/ACT WORKSHOP]

And ... If you are a junior planning to take the SAT or ACT, Rocklin High School is offering workshops next week.

NATPOP The Language Arts workshop is on February 5th. The math portion of the workshop is on February 6th. All workshops cost 180-dollars and they are run from 7:00 to 9:00 PM. Head over to the Whitney homepage to sign up.

[INTRO_WEATHER]

Now ... we haven't had much sunshine these past few days.

Lets see if the cloudy weather will bring some rain into our area... Here's TABITHA BLAND with your forecast.

[WEATHER]

- TODAY - PARTLY CLOUDY / NOW - 52 / 12:45 - 62 / 2:40 - 63 Thanks JULIE and HANNAH, right now it is a chilly at 52, with scattered clouds.

It will still be partly cloudy at lunch and 62 degrees.

And after school, the temperatures should remain in the 60's with slight winds moving the clouds out of the area.

- FUTURE FORECAST - DAY 1 - WED / PARTLY CLOUDY / H - 63 / L - 45

Now here is a look at the next three days. Tomorrow, expect to see cloudy skies throughout the day and a high of 63.

- FUTURE FORECAST - DAY 2 - THUR / PARTLY CLOUDY / H - 62 / L - 48 On Thursday, it will again be cloudy, with temperatures remaining in the low 60's.

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- FUTURE FORECAST - DAY 3 - FRI / RAIN / H - 57 / L - 49
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And on Friday, it should be the coldest day of the week and we will see some rain with a high of 57 degrees.

Now, as you take a look at your forecast the temperatures should remain consistent in the low 60's with light showers at the end of the week.

[OUT_WEATHER]

And the rain will stick around over the weekend. There is a 90-percent chance of rain on Saturday.

Ad-lib ... context about weather relating to X-Factor news / Sports / or Full Court Press

Thank you for the weather update ZACH...

[INTRO SPORTS]

And, now it is time for sports ... there is an X-Factor women's soccer game tomorrow.

The theme for the student section is jersey day. The game is also the team's teacher appreciation night. Don't forget to check in to the X-Factor app to earn points.

And ... The men's soccer team played Oak Ridge last week, in an SFL league game.

Let's send it over to JOSH SMITH, with the results ... in the Full Court Press.

[SPORTS_SEGMENT]

****FULL COURT PRESS*** JOSH SMITH

[GOODBYE]

Thanks JOSH ... And to be featured in the show, don't forget to answer this week's question and tell us how you have changed over the last ten years.

Also make sure you share a picture on Snapchat, Twitter, or Instagram, with the hashtag WHSUNLEASHED.

That's all for now, where the news is UNLEASHED every day.

We'll see you ... tomorrow.